

WHD Reading Desk(top) 2018

December

Agostini D, Donati Zeppa S, Lucertini F, Annibalini G, Gervasi M, Ferri Marini C, Piccoli G, Stocchi V, Barbieri E, Sestili P. [Muscle and Bone Health in Postmenopausal Women: Role of Protein and Vitamin D Supplementation Combined with Exercise Training](#). *Nutrients*. 2018 Aug 16;10(8):1103.

Cooper CB, Neufeld EV, Dolezal BA, Martin JL. [Sleep deprivation and obesity in adults: a brief narrative review](#). *BMJ open sport & exercise medicine*. 2018 Oct 1;4(1):e000392

Wise BL, Niu J, Zhang Y, Liu F, Pang J, Lynch JA, Lane NE. [Bone shape mediates the relationship between sex and incident knee osteoarthritis](#). *BMC musculoskeletal disorders*. 2018 Dec;19(1):331.

November

Mottola MF, Davenport MH, Ruchat SM, Davies GA, Poitras VJ, Gray CE, Garcia AJ, Barrowman N, Adamo KB, Duggan M, Barakat R. [2019 Canadian guideline for physical activity throughout pregnancy](#). *Br J Sports Med*. 2018 Nov 1;52(21):1339-46.

Kiel IA, Lundgren KM, Mørkved S, Kjøtrød SB, Salvesen Ø, Romundstad LB, Moholdt T. [Women undergoing assisted fertilisation and high-intensity interval training: a pilot randomised controlled trial](#). *BMJ open sport & exercise medicine*. 2018 Jul 1;4(1):e000387.

October

Lauridsen DS, Sandøe P, Holm L. [Being targeted as a “severely overweight pregnant woman”- A qualitative interview study](#). *Health Expectations*. 2018 Apr 6.

Lean ME, Astrup A, Roberts SB. [Making progress on the global crisis of obesity and weight management](#). *BMJ*. 2018 Jun 13;361:k2538.

September

Hall J, Hundley V, Collins B, Ireland J. [Dignity and respect during pregnancy and childbirth: a survey of the experience of disabled women](#). *BMC Pregnancy and Childbirth*. 2018 Dec;18(1):32.

Pan Y, Yang K, Shi X, Liang H, Shen X, Wang R, Ma L, Cui Q, Yu R, Dong Y. [Clinical Benefits of Acupuncture for the Reduction of Hormone Therapy-Related Side Effects in Breast Cancer Patients: A Systematic Review](#). *Integr Cancer Ther*. 2018 Sep;17(3):602-618.

Reis AD, Pereira PTVT, Diniz RR, de Castro Filha JGL, Dos Santos AM, Ramallo BT, Filho FAA, Navarro F, Garcia JBS. [Effect of exercise on pain and functional capacity in breast cancer patients](#). *Health Qual Life Outcomes*. 2018 Apr 6;16(1):58.

De Groef A, Van Kampen M, Moortgat P, Anthonissen M, Van den Kerckhove E, Christiaens MR, Neven P, Geraerts I, Devoogdt N. [An evaluation tool for Myofascial Adhesions in Patients after Breast Cancer \(MAP-BC evaluation tool\): Concurrent, face and content validity](#). 2018 Mar 9; 13(3): 1-12.

Summer 2018 Reading List

Mackintosh N, Sandall J, Collison C, Carter W, Harris J. Employing the arts for knowledge production and translation: [Visualizing new possibilities for women speaking up about safety concerns in maternity](#). *Health Expectations*. 2018 Jun;21(3):647-58.

Reed R, Sharman R, Inglis C. [Women's descriptions of childbirth trauma relating to care provider actions and interactions](#). *BMC pregnancy and childbirth*. 2017 Dec;17(1):21.

Duncan LG, Cohn MA, Chao MT, Cook JG, Riccobono J, Bardacke N. [Benefits of preparing for childbirth with mindfulness training: a randomized controlled trial with active comparison](#). *BMC pregnancy and childbirth*. 2017 Dec;17(1):140.

June

Bortolus R, Oprandi NC, Morassutti FR, Marchetto L, Filippini F, Tozzi AE, Castellani C, Lalatta F, Rusticali B, Mastroiacovo P. [Why women do not ask for information on preconception health? A qualitative study](#). *BMC pregnancy and childbirth*. 2017 Dec;17(1):5.

Gluppe SL, Hilde G, Tennfjord MK, Engh ME, Bø K. [Effect of a Postpartum Training Program on Prevalence of Diastasis Recti Abdominis in Postpartum Primiparous Women: A Randomized Controlled Trial](#). *Physical therapy*. 2018 Jan 17.

Marquez C, Johnson AM, Jassemi S, Park J, Moore JE, Blaine C, Bourdon G, Chignell M, Ellen ME, Fortin J, Graham ID. [Enhancing the uptake of systematic reviews of effects: what is the best format for health care managers and policy-makers? A mixed-methods study](#). *Implementation Science*. 2018 Dec;13(1):84.

Fakolade A, Lamarre J, Latimer-Cheung A, Parsons T, Morrow SA, Finlayson M. [Understanding leisure-time physical activity: Voices of people with MS who have moderate-to-severe disability and their family caregivers](#). *Health Expectations*. 2018 Feb;21(1):181-91.

May

Crann SE, Cunningham S, Albert A, Money DM, O'Doherty KC. [Vaginal health and hygiene practices and product use in Canada: a national cross-sectional survey](#). BMC women's health. 2018 Dec;18(1):52.

Crawley R, Ayers S, Button S, Thornton A, Field AP, Lee S, Eagle A, Bradley R, Moore D, Gyte G, Smith H. [Feasibility and acceptability of expressive writing with postpartum women: a randomised controlled trial](#). BMC pregnancy and childbirth. 2018 Dec;18(1):75.

Silvestris E, de Pergola G, Rosania R, Loverro G. [Obesity as disruptor of the female fertility](#). Reproductive Biology and Endocrinology. 2018 Dec;16(1):22.